

Detailed Programme
Erasmus +
Small-scale partnership KA210
Mobility 19-25 November 2023



Day 1: Arrival 19th November 2023

1

19-11- 2023 (travel day) 16.50 departure from Roma Ciapino /19.05
Arriving time at Varsavia Modlin Airport; Tranfer to Żyrardow Hotel

2

**Hotel: Address: ul. 1-go Maja 37 A
96-300 Żyrardów**

phone : 46 855 39 89

phone: 601 154 846

20th November 2023

Monday

9.00 Arriving at school, greetings and official meeting with headteacher and school teaching staff.

9.30 Introducing the workshops schedule for the week. A discussion about expectations and the first impression.

10.15 – 10.30 Break

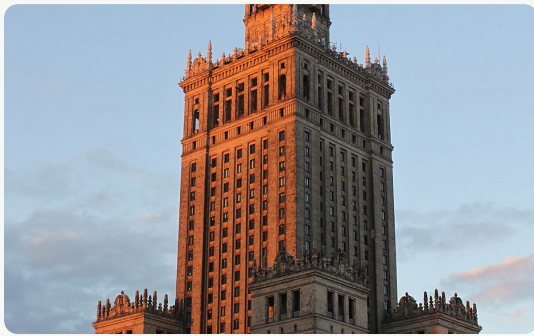
10.30 – 11:15 eTwinning platform – presentation about the ESEP area dedicated to Erasmus + participants and their activities. The source of promoting and disseminating the Erasmus + SAID project.

11.15-11.25 Break

11.25 – 12.10 working in pairs – eTwinning platform in use.



21st November: Sightseeing in Warsaw



Palace of Culture

Climb to the top of the iconic building and enjoy the breathtaking views of the city.



Warsaw Old Town

Stroll through the charming streets lined with picturesque cafes and shops.



Marie Curie Statue

Pay tribute to the famous Polish-French scientist and learn about her groundbreaking work.

1

9:00 AM

Meet with Polish coordinators at the hotel.

2

9:20 AM

Meet with Polish students at the railway station for a trip to Warsaw.

9:38 – train to Warsaw (10.25) Return ticket 34zł/person (8 euros)

Sightseeing walking tour from the Palace of Culture, Świetokrzyska Street, Krakowskie Przedmieście Street, University of Warsaw, The Church of the Holy Cross – Chopin’s heart, The Monument of the Heroes of Warsaw, The National Library, Marie Curie Statue, The Old Town
3-hour-tour

16.35 Train to Żyrardów(17.33) (or next 17.05 from Warsaw, at 17.55 in Żyrardów)

3

4:35 PM

Take the train back to Żyrardów.

4

7:00 PM

Enjoy dinner at the SPIRIT restaurant.

22nd November: Discovering the Beautiful City of Łódź



Piotrkowska Street

Take a stroll down the longest pedestrian thoroughfare in Europe, lined with historic buildings and trendy cafes.



Museum of Art MS2

Explore the fascinating exhibits and see some of the most famous modern art pieces in Poland.



Manufaktura

Treat yourself to a shopping spree at the historic factory complex, now transformed into a modern shopping and entertainment center.

1

9:00 AM

Meet with Polish coordinators at the hotel.

2

9:45 AM

Meet with Polish students at the railway station for a trip to Łódź.

10:01 - train to Łódź (11.05) Return ticket 57 zł/person (13 euros)

Sightseeing walking tour, Piotrowska Street, Well - known people from Lodz, Museum of Lodz, Palace of Poznański , Museum of Art MS2, Manufaktura - A shopping and entertainment Centre, located in former Izrael Poznański's factory complex.

Dinner in Manufaktura

3

7:18 PM

Take the train back to Żyrardów.

23rd November: "Carbon Footprint of Our Footprint" Debate

9:00 AM

Debate opening by Head Teacher Urszula Ewa Matusiak.

9:30 AM

Human carbon footprint discussion and Q&A.

10:00 AM

Industrial footprint discussion and Q&A.

11:00 AM

Environmental Impact Factor discussion and Q&A.

11:30 AM

Finding solutions for waste discussion and Q&A.

12:00 PM

Summary of the debate by moderators and closing.

After the debate, enjoy some free time and grab lunch. Then join us for an evening in Puszcza with dinner.

1

12:30 PM - 16.30

Free time and lunch

2

5:00 PM

The Night in Puszcza Event

Quizzes, board games, food, workshops and more...

24th November: Conclusions & results

Focusing on working in groups on the final product - the documentary. Gathering all our experiences and ideas from the past few days and working to create a compelling documentary.

1

8:30 AM

8:30 transfer to school from the hotel

9.00 Arriving at school – warm up discussion

9.30 Working in groups on the final product – the documentary – part 1

10.15 – 10.30 Break

10.30 – 11:15 Working in groups on the final product – the documentary – part 2

11.15-11.25 Break

2

11:25 AM

11.25 – 12.10 Assembly – presentation of the final product and dissemination of the project, awarding of certificates

12:10 – 13:05 Lunch break, free discussions

13.05 transfer to the hotel

3

1:35 PM

13.35 – 15.45 free time at the hotel

Break. Time to relax and recharge.

4

3:45PM

15.45 – meeting with the Polish students and teachers

16.00 – 18.00 Underground Bowling Club

5

7:00 PM

19.00 Dinner in SPIRIT restaurant

25th November: Departure

It's time to say goodbye to our friends and the wonderful town of Żyrardów. We hope that you will cherish your memories from this Mobility Period and that we will stay friends forever!

1

from 8:00 AM

Breakfast

Packing

Early lunch in local restaurant/s

Meeting with Polish teachers .

2

11:00 AM

Transfer to Varsovia airport.

3

2:30 PM

Departure from Varsavia Modlin Airport back to Roma Ciapino Airport.

11.00 transfer to the Varsovia Modlin airport

14.30 departure from Varsovia Modlin Airport/ 16.50 Arriving at Roma Ciapino Airport

4

7:00 PM

Arrival in Terracina